



RISING SCHOLARS HOMESCHOOL

Schedule



★ Dream Big. Believe in Yourself. Achieve Great Things! ★

➤ A BALANCED DAY OF LEARNING, GROWTH & DISCOVERY! ➤

TIME	ACTIVITY	FOCUS	NOTES
8:30 – 9:00 AM	 BREAKFAST & MORNING PREP Healthy breakfast, morning routine and plan the day.	 Nourish & Prepare	Set goals for the day!
9:00 – 10:00 AM	 LANGUAGE ARTS Reading, phonics, grammar, vocabulary, writing	 Communication & Literacy	Build strong reading & writing skills.
10:00 – 10:20 AM	 BRAIN BREAK Movement, stretching, mindfulness or outdoor time	 Recharge & Reset	Get up, move, and refresh!
10:20 – 11:20 AM	 ELECTIVE TIME Daily rotating elective (See schedule below)	 Explore & Create	Fun & engaging enrichment!
11:20 AM – 12:15 PM	 MATHEMATICS Lesson, practice, problem solving and math games	 Reasoning & Problem Solving	Practice makes progress!
12:15 – 1:00 PM (45 MINUTES)	 LUNCH & RECESS Nutritious lunch and outdoor play or movement break	 Rest, Refuel & Play	Relax, connect, and have fun!
1:00 – 1:45 PM	 SCIENCE or SOCIAL STUDIES Rotating daily (See rotation chart below)	 Explore & Understand	Discover the world around us!
1:45 – 2:00 PM	 ELECTIVE ROTATION (Daily) TECH TUESDAY WELLNESS WEDNESDAY FIT FRIDAY	 Create, Wellness & Move	See elective details below!
2:00 – 2:20 PM	 BRAIN BREAK Movement, mindfulness or outside time	 Recharge & Reset	Reset and get ready to finish strong!
2:20 – 3:20 PM	 INDEPENDENT WORK / PROJECT TIME Complete assignments, read, work on projects, or creative time	 Focus & Finish Strong	Stay focused and do your best!
3:20 – 3:30 PM	 WRAP-UP & REFLECTION Review the day, clean up, plan for tomorrow	 Reflect & Prepare	Celebrate your progress!

SCIENCE & SOCIAL STUDIES ROTATION

MONDAY	SCIENCE
TUESDAY	SOCIAL STUDIES
WEDNESDAY	SCIENCE
THURSDAY	SOCIAL STUDIES
FRIDAY	SCIENCE

★ ELECTIVE ROTATION

TECH TUESDAY	Technology skills, coding, digital creativity, typing & research
WELLNESS WEDNESDAY	Mindfulness, gratitude, nutrition, journaling & personal growth
FIT FRIDAY	Physical activity, fitness challenges, yoga & outdoor fun



LEARNING TODAY. LEADING TOMORROW.

